



# HCC Development Is Associated to Peripheral Insulin Resistance in a Mouse Model of NASH

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## Abstract

NAFLD is the most common liver disease worldwide but it is the potential evolution to NASH and eventually to hepatocellular carcinoma (HCC), even in the absence of cirrhosis, that makes NAFLD of such clinical importance. Aim: we aimed to create a mouse model reproducing the pathological spectrum of NAFLD and to investigate the role of possible co-factors in promoting HCC. Methods: mice were treated with a choline-deficient L-amino-acid-defined-diet (CDAA) or its control (CSAA diet) and subjected to a low-dose i.p. injection of CCl<sub>4</sub> or vehicle. Insulin resistance was measured by the euglycemic-hyperinsulinemic clamp method. Steatosis, fibrosis and HCC were evaluated by histological and molecular analysis. Results: CDAA-treated mice showed peripheral insulin resistance at 1 month. At 1–3 months, extensive steatosis and fibrosis were observed in CDAA and CDAA+CCl<sub>4</sub> groups. At 6 months, equal increase in steatosis and fibrosis was observed between the two groups, together with the appearance of tumor. At 9 months of treatment, the 100% of CDAA+CCl<sub>4</sub> treated mice revealed tumor versus 40% of CDAA mice. Insulin-like Growth Factor-2 (IGF-2) and Osteopontin (SPP-1) were increased in CDAA mice versus CSAA. Furthermore, Immunostaining for p-AKT, p-c-Myc and Glypican-3 revealed increased positivity in the tumors. Conclusions: the CDAA model promotes the development of HCC from NAFLD-NASH in the presence of insulin resistance but in the absence of cirrhosis. Since this condition is increasingly recognized in humans, our study provides a model that may help understanding mechanisms of carcinogenesis in NAFLD.

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## Background

Hepatocellular carcinoma (HCC) is the third most common cause of cancer-related death worldwide. [1,2]. Moreover, several studies have shown that 5% to 30% of patients with HCC lack a readily identifiable risk factor for their cancer [1]. Most of these “cryptogenic” HCC might be attributed to Non-Alcoholic Fatty Liver Disease (NAFLD) and the concomitant metabolic syndrome [2,3], nevertheless it is not yet clear what predisposes to the progression of the disease [4].

On this regard, NAFLD is a major health problem that integrates several liver conditions ranging from simple fatty liver to Non-Alcoholic Steatohepatitis (NASH), which is associated with fibrosis that may evolve into cirrhosis and results into HCC [5]. How HCC develops from NASH livers is still obscure. Some hypotheses suggest that obesity, insulin resistance, release of inflammatory cytokines and autophagy can contribute to the carcinogenic potential in NASH liver, where HCC can occur in

65% of patients without an over cirrhosis in the background liver [6]. However, no direct link has been provided yet. Studies that aim to link HCC and NAFLD are blunted by the lack of reliable animal models. The use of a choline-deficient L-aminoacid-defined diet (CDAA) in rats provided the most interesting results inducing steatohepatitis [7]. Concerning this issue, a still unresolved question is however related to the potential of CDAA diet in inducing insulin resistance [8,9]. The purpose of this study is to develop a mouse model of liver injury which mimics NASH features that lead to HCC.

## Materials and Methods

### Animals and Treatment

Male 6 to 8 weeks old C57BL/6 mice were purchased from Charles River Laboratories International, Inc. (Wilmington, MA). Animals were fed a CDAA diet or its control diet, CSAA diet (Laboratorio Dottori Piccioni, Milano, Italy). In parallel experi-